

SOS: A WALK FOR BREAST HEALTH

Answer the Call - Join Save Ourselves, your local Breast Cancer Organization
on a walk along the American River
Saturday, April 21, 2012 8:00AM

Register online today @ WWW.SAVE-OURSELVES.ORG (pay via PAYPAL) or
mail this form along with your check to:
SAVE OUR SELVES, A Walk for Breast Health
4300 Auburn Blvd., Suite 201, Sacramento, CA 95841.
QUESTIONS? Call our voicemail: (916) 786-HOPE (4673) or
go to www.SAVE-OURSELVES.ORG.

Early registration is encouraged to reserve your spot.
In addition, the first 150 registrants will receive their choice of a SAVE OURSELVES
"Got Breast Cancer?" T-shirt or a quality sun protector hat.

NAME: _____
EMAIL: _____
ADDRESS: _____
CITY: _____ STATE _____ ZIP _____
PHONE(S): _____
Emergency contact(s): _____
Emergency contact phone(s): _____
CHOOSE ONE: T-SHIRT ____size (men's) M L XL XXL _____ HAT: L XL
Have you had breast cancer? (optional) yes no If yes, in what year? _____

Registration Fee

EARLY REGISTRATION:	REGULAR REGISTRATION:	DAY OF RACE
\$30	\$35	REGISTRATION: \$40
2/15/12 - 3/31/12	4/01/12 - 4/20/12	(7AM-7:50AM, 4/21/12)

(Make checks payable to SOS, registration fee is non-refundable).
There will be several pre-registration opportunities prior to the walk
(see website for details).

COURSE: Beginning at the Watt Avenue Access Park a 4.5-mile loop, flat, asphalt trail
alongside the American River, crossing over the American River at Guy West Bridge, CSUS
Campus and back with bathrooms, benches, picnic tables and water fountains along the way.

LOCATION: WATT AVENUE ACCESS PARK off of La Riviera Drive. Sacramento. Take
Hwy 50 to the Watt Avenue exit. Take ramp to La Riviera Drive and make U-turn and turn
into the Watt Avenue Park.

*** * See Waiver and Release on next page * ***

WAIVER AND RELEASE: I know that walking, regardless of the distance, includes an element of risk. I should not participate in Save Ourselves walking events (hereinafter "group events") unless I am medically able and properly trained. I agree to abide by all rules of the American River Bike Trail. I assume any and all risks associated with participating in group events including, but not limited to, illness, traveling to and from the group events, falls, contact with other participants, the effects of weather (including temperature extremes and humidity) and the surface conditions of the road and trail, all such risks being understood and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my application, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge SOS, its officers, agents, employees, volunteers, event officials, and any and all other sponsors, suppliers, agents, independent contractors, employees and any other personnel in any way assisting or connected with group events from any and all claims or liability of any kind of nature whatsoever arising out of my participation in group events, even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver. I also understand and agree that SOS may subsequently use, for publicity or promotional purposes, my name or pictures of me participating in group events without liability or obligation to me. Applications from minors will be accepted only with a parent or legal guardian's signature.

I agree to the waiver and release:

Signature
Parent/Guardian signature (if under 18)

Date

SAVE OUR SELVES (SOS) is a Sacramento-based breast cancer support organization that offers 24/7 support services to anyone with breast cancer. We are able to do this through generous volunteers and donations. Answer the call and help us continue to support survivors while they become thrivers. Register today! It just takes a few minutes to help make a big difference in someone's life.

Save Ourselves Breast Cancer Resource Center is a tax-exempt 501 (c)(3) organization.
EIN:68-0257688